

Snack 'N Seek

Hungry for some fun? Find these healthy snack names hidden in the box below. Look forward, backward, up and down.

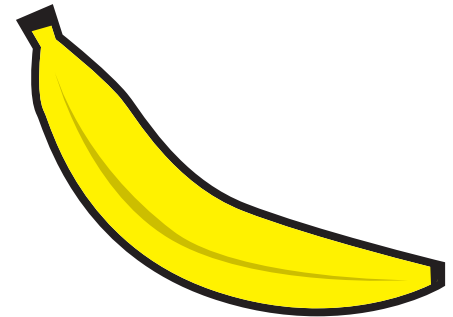
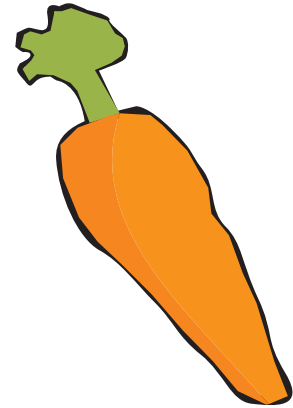
Apple
Popcorn

Banana
Pretzels

Carrots
Raisins

Orange
Smoothie

R	F	P	R	E	T	Z	E	L	S	V
U	V	F	T	R	O	E	C	Z	Z	O
C	E	K	T	U	K	F	I	W	F	R
S	E	I	H	T	O	O	M	S	G	A
A	P	P	L	E	E	F	X	W	L	N
X	C	A	R	R	O	T	S	E	E	G
O	K	F	U	I	L	C	R	F	Z	E
A	M	H	M	K	Z	N	K	M	H	X
U	R	A	I	S	I	N	S	K	M	Q
G	C	O	B	A	N	A	N	A	M	J
X	Z	G	W	N	R	O	C	P	O	P



Find Healthy Habits

Be healthy and strong! Find these healthy habits hidden in the box below. Look forward, backward, up and down.

Be Active
Eat Right

Brush
Teeth

Catch Zzzz

Drink Water

D	J	H	X	V	H	Q	Q	B	L
R	L	R	R	E	Z	L	V	R	Z
I	V	R	Q	A	Z	E	B	U	H
N	P	C	F	T	Z	V	J	S	A
K	I	J	X	R	Z	I	I	H	V
W	D	B	E	I	H	T	E	T	D
A	O	J	Z	G	C	C	T	E	Z
T	R	P	W	H	T	A	Z	E	M
E	M	U	L	T	A	E	W	T	U
R	B	W	W	W	C	B	V	H	E



Brush Up On Dental Care

Keep your smile bright! Look for these clues to good dental care hidden in the box below. Look up, down, across and at a slant.

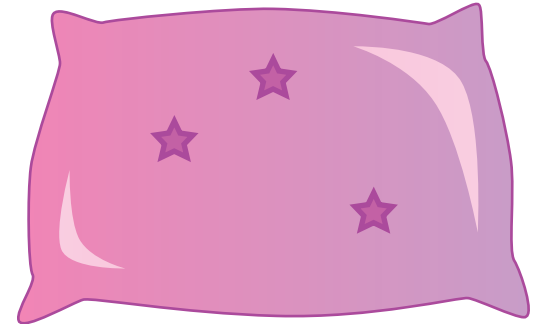
Dentist Sparkle	Floss Teeth	Gargle Toothbrush	Smile Toothpaste							
G	L	J	K	A	Z	Q	U	Z	K	L
T	O	O	T	H	P	A	S	T	E	T
J	K	S	P	A	R	K	L	E	O	G
H	T	E	E	T	N	C	A	O	U	E
P	F	U	G	T	Q	A	T	B	L	Z
E	U	Z	X	S	S	H	F	G	Y	H
X	X	L	S	E	B	I	R	Y	E	T
A	T	O	Z	R	X	A	T	L	J	Y
Y	L	M	U	O	G	D	I	N	A	W
F	I	S	G	W	N	M	C	O	E	L
D	H	X	I	M	S	J	L	A	I	D



Under The Covers

We need good sleep to be happy and healthy! Peek under the covers to find these hidden sleep words. Look up, down, across and at a slant.

Bed	Pajamas	Blanket	Pillow	Dark	Quiet	Dream	Snooze		
L	M	A	E	R	D	P	I	F	R
D	C	Q	Q	M	A	N	B	J	S
D	T	I	O	J	J	D	A	R	K
Y	W	Y	A	E	G	P	W	Q	C
R	G	M	F	T	E	I	U	Q	Y
F	A	P	I	L	L	O	W	W	L
S	M	B	L	A	N	K	E	T	T
F	C	W	N	G	J	E	D	E	B
G	L	J	E	S	O	P	X	T	F
Q	T	H	S	E	Z	O	O	N	S



All About Bones



Take good care of your bones! Find these hidden foods, which can help keep them strong. Look up, down, forward and backward.

Almonds	Milk	Cereal	Tuna	Cheese	Yogurt			
T	U	N	A	C	J	K	U	B
B	C	E	R	E	A	L	C	G
T	K	Y	K	A	K	U	H	A
S	I	F	I	F	R	I	B	L
N	Z	Y	O	G	U	R	T	M
G	F	I	L	U	E	M	J	O
N	F	E	B	B	E	I	R	N
B	I	M	K	Q	G	L	C	D
C	H	E	E	S	E	K	Q	S

